

Who (A Key Spouse Is)

- A volunteer ~ a qualifying person to the unit
- A volunteer whose desire is to foster the (confidential) needs of the unit spouse, significant other/partner and family members through the means of mentoring; offers support to the family during TDY/deployment phases
- A sounding board for families to unit leadership and unit leadership to families
- A conduit of information
- Officially appointed by the Unit Commander to be a unit representative
- Officially and continually trained in the required areas including but not limited to, Key Spouse Training, Heart Link Training, Suicide Awareness Training and monthly meetings to remain current on Air Force command trends/issues

(A Key Spouse Is Not)

- A Gossip
- A Fundraiser
- An Assumed Leadership Authority
- A Professional Counselor

You (At the heart of it all)

Your concerns, your needs, and even your frustrations are at the center of our desire to be available for your support needs.

Whether you are a seasoned Air Force family or new to the military, a unit Key Spouse is available for support needs.



Don't know who your Key Spouse is?
Contact Nona Daugherty: 556-9264

**Support is also available through
the resources listed below.**

A&FRC 556.6141
Military and Family Life Consultant
(MFLC) 719-342-9572/719-425-1115

www.militaryonesource.com



PETERSON AFB KEY SPOUSE PROGRAM



What

(The Key Spouse Program Is)

- A Commander's program created for the support needs of the Air Force family facilitated through the Airman and Family Readiness Center (A&FRC)
 - Promotes individual, family and unit readiness
 - Establishes continued contact with spouses/partners and family members
 - Builds strong Air Force communities
 - Increases awareness of installation/community resources
 - Identifies/resolves issues at the lowest level
 - Enhances family resiliency
 - Increases the sense of unit support
- A support program independent from a unit's Spouses Group program

Why

(The Importance of the Program)

- To help the unit family deal with the military life cycle challenges such as
 - Frequent moves
 - Employment Issues
 - Operations Tempo
 - Child Care (referrals)
 - Personal/Family Issues
 - Changing Schools
 - Financial Challenges
 - Family Separations
- To ensure family readiness for all occasions
- To encourage attendance at unit or A&FRC briefings to stay in "the know" of benefits and opportunities

When and Where

(The Program is Accomplished)

- When spouse/partner or family member accepts support
- When directing families to needed/requested support
- When personal/family issues that can be handled at lowest level are handled at lowest level
- When spouse/family concerns about the unit are addressed at all levels necessary
- At one-on-one meetings with spouse/partner or family member
- At Deployed Family Dinners, unit, base and local events for families
- Through newsletters, emails and Key Spouse Program awareness

